

Essential Oils and their potential benefits

P=Primary	Cedarwood 2804 *	Cypress 2830 *	Eucalyptus 2808 *	Frankincense 2861	Geranium 2810 *	Grapefruit 2835	Lavender 2812 *	Lemon 2833	Orange 2814 *	Peppermint 2816 *	Roman Cham. 2865	Rosewood 2842	Tea Tree 2820 *	Wild Rosemary 2822 *	Agility Blend 2802 *	Lav/Chamomile 2755	Quiescence Blend 2805	Respire Blend 2818
S=Secondary																		

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Physical Conditions

Acne			S		S	S	P		S	S	S		P	S				
Allergies		P									S							P
Arthritis	S		S	S			S	S			P				P	S		
Asthma			S	P	S	S	S	P					S	S				P
Athlete's Foot			S				S	S					P					S
Bronchitis	S		S	S			S	S	S	S				S				P
Bruises					S		S								S			
Burns			S		S		P						S					
Candida			S		S	S			S	S	S		P	S		P		
Cellulite					S	P												
Circulation		P		P	P			S						S				
Colds	S	S	S				P	S				S	S	S				P
Colds Sores			S		S		P	S					P					
Constipation				P				S			S			P				
Cough	S	S	P	S			S					S	S					P
Dandruff	S						P						S	P				
Detoxification					P			S		S			S					
Diabetes																		
Diarrhea	P		P							P						P		
Digestions							S		S	P	S							S
Eczema	P			P										P		P		
Exhaustion	S				S			S	S									
Fatigue	S						S			S				S				
Fever			P				P	S		S	S	S						
Fibromyalgia				S			S							S				
Flatulence	P									P								
Flu			P		S	P	S	P					P	P	S		P	
Fungal Infection			S				S						P					S
Hair Loss	P													S				
Hay Fever				S			P											P
Headache -Migraine							P			S				S		P		
Headache -Tension	S		S		S	P				S				S		P		
High Blood Pressure		P					P	S										
Hyperactivity							S											
Immune							S	S	S					P				
Indigestion							P			P				P				
Insomnia							P				P					S	P	

Kidney Problems													P					
Liver Problems										S							P	
Menstrual Cramps			P		S	S		S			S	S			P	S		
Muscle Soreness																P		
Nausea								S			S	S	S					
PMS									S	S		S				S		
Sinusitis										S				S				P
Skin Conditions									S					S		P		
Sore Throat		S	P		S		P	P		S	S							P
Sprains/Muscles							S				S	S				P		
Tension		S					P		P		S	S	S				P	
Urinary Infection	P		S									S						
Warts												S						
Weight								S	P	S	S							

Mental/Emotional

Absentminded	S																	
Anger	S			P			S			S	S							
Anxiety	S			S	S		S				S	S				S		
Concentration	S		S						P						S			
Confidence					S					S	S							
Confusion						S				S								
Depression						P	S	S	P	S		S					S	
Exhaustion	S				S						S							
Fatigue	S						S	P			S			S		S		
Fear		S			S	S		S					S					
Frustration	S							S										
Hyperactivity								S									S	S
Insomnia								P									P	
Irritability		S						S			S						S	
Lethargy	S	S													S			
Memory Loss								S			S				S			
Mood Swings						S		S			S							
Nervousness								S			S						S	
Stress	S				S	S		S		P		S					S	S
Worry								S	S		S			S	S			S

Essential oils should be properly diluted in a carrier such as Mixing Oil #2827 or Tangible Massage Lotion #2826

For Educational purposes only
Not intended to diagnose or treat

* Included in the Basic 10 #2831